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**PATENT**  
**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

**APPLICANT(S):** Boris Hosseinzadeh-Dolkhani, Wolfgang Schiller,  
and Marc Rummel

**APPLN. NO:** 09/712,086

**FILED:** 14 November 2000 **GROUP:** Unknown

**TITLE:** METHOD AND PORTABLE TRAINING DEVICE  
FOR OPTIMIZING A TRAINING

*PPR A*  
*9-27-01*  
*H. Little*

**PRELIMINARY AMENDMENT**

Assistant Commissioner for Patents  
Washington, D.C. 20231

Dear Sir:

**In the Specification**

Please amend the specification as follows:

SUBSTITUTE the following first paragraph under Background of  
the invention, page 1, lines 23-34:

RECEIVED  
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*A*

--Recently it has come into fashion to practice fitness, e.g. jogging, as leisure activities for compensation to everyday work and also for building up the personal condition. In order to make these possibly monotone sporting activities more attractive and diversified, special music playback devices have been developed by the entertainment industry, which can be carried on the body during the fitness activity (e.g. jogging), so that music can be listened to simultaneously. Such special music playback devices have become commonly known as WALKMAN or DISCMAN (registered trademarks of Sony Corporation); appropriate radio devices have been developed, too. However, these music playback devices have the drawback of merely serving for reproducing corresponding media, such as cassettes or compact disks, which for example store music or audio plays. The played pieces of music and texts correspond to the preferences of each sportsman and are in no way associated with the achieved training of the personal condition and fitness.--